



Mixed

with Dr. Khyati Y. Joshi

Stories and Strategies for
Multiracial and Interfaith Families

About the Series

From the Institute for Religion, Media, and Civic Engagement (IRMCE), and The Asian Pacific American Religions Research Initiative (APARRI), Mixed is a podcast about forming strong mixed race and mixed faith families and relationships. Mixed people—especially mixed kids with multiple ethnic, racial and religious identities—experience marginalization and acceptance in ways that are different from monoracial and religious minorities. But, there are simple and straightforward things people can do to make sure mixed kids and adults have a sense of belonging and pride in their backgrounds.

Dr. Khyati Y. Joshi is a scholar-storyteller who bridges research, lived experience, and practical wisdom. In this series, she blends scholarly expertise with her unique story, relaying the mistakes she's made, the wisdom she's gained, and the practical tips she can offer for cultivating mixed relationships and raising kids and adults to embrace their whole selves.



AXIS
MUNDI



IRMCE

aParri

Have Dr. Joshi on Your Podcast

Dr. Joshi can bring both **scholarship and lived experience**. She can talk about what research tells us—and what she herself got wrong, learned, and would do differently.

Conversation Topics

- Mixed Families at the Holidays
- “What Are You?”
- The Grandparent Problem
- The Politics of Belonging
- The Mistakes We Made
- Can You Really Raise a Child in Two Religions?
- The Conversations Couples Need to Have Before Having Kids
- What Does Belonging Actually Mean?
- Raising Kids Who Know They’re “Both”
- When Your Child Doesn’t Identify the Way You Expected

The Bigger Conversation

Dr. Joshi can also speak about Christian nationalism, white Christian privilege, interracial marriage, religious freedom, anti-immigrant politics, and the growing political pressure on multicultural families—but always through the lens of what these forces mean for real people, marriages, and children.

The Takeaway

Her message is ultimately hopeful and practical: Mixed families don’t have to choose. Children don’t have to choose. The goal isn’t to split the difference between cultures, races, or religions—it is to create families where every part of a person’s identity can belong.



About Dr. Joshi

Khyati Y. Joshi is a public intellectual whose social science research and community connections inform policy-makers, educators, and everyday people about race, religion, and immigration in 21st century America.